



SIGNATURE TEAMBUILDING  
Teambuilding • Consulting • Training



Give us 60-90 minutes  
at your next meeting.

We'll add buzz,  
energize your employees  
and reinforce **your** big idea.



## What do Meeting Busters programs do?

First, Meeting Busters interrupts meetings with 60-90 minutes of completely customized team building experiences that make meetings more insightful and productive. Second, Meeting Busters gives your employees a fun and engaging seventh-inning stretch that will keep them invigorated for the rest of your meeting. Companies use everything from mind-numbing PowerPoint presentations to high-priced motivational speakers to do it. We think we've got a better way.

## What's the concept behind Meeting Busters?

Actually, there are three. Meeting Busters:

- **Teaches by doing**, because that's how people learn best
- **Generates impactful insights** about how people work together
- **Reinforces the big idea** of your meeting by connecting activities to content

## What makes Meeting Busters' programs dynamite?

Greg Huber does. He's spent his career developing, perfecting and delivering team building programs that create stronger teams and more effective leaders. He custom designs and facilitates every Meeting Busters program using the very best of his experience and his most innovative ideas.

## Why else should I consider Meeting Busters?

- **Mobile.** We come to you, indoors or outdoors.
- **Easy.** No need to set up, break down or reconfigure the room.
- **Inclusive.** Everybody's included and participates at their own comfort level.
- **Purposeful.** Creates learning opportunities that reinforce the big idea behind your meeting such as teamwork, creativity or strategic thinking.
- **Customized.** Greg will plan activities that precisely match your needs for maximum success.
- **Effective.** With Meeting Busters, you'll see a serious return on your investment.

## Can you describe possible activities in a Meeting Busters program?

Sure, we can. But first we want to remind you that the big idea behind a Meeting Busters program is that it can be completely customized to accomplish exactly what you want it to. We understand, though, that it helps to see examples. Here are a few popular Meeting Busters program activities.

**Energizer(s)** An energizer is an icebreaker activity designed to change the state of the group. Many times, following an intense initiative activity, groups need to decompress, laugh and have a bit of fun before moving into the next activity. Energizers will be used throughout the experience as necessary. *Lesson: Collaboration*

**Newspaper Editor** The large group is randomly broken into teams of about eight each. Each team is given one of four different assignments to complete. Teams work through the challenge individually only to realize that none of the teams can be successful if they work through the task without collaborating with the other teams. *Lesson: Collaboration*

**Penny Drop** In small groups, each person guesses how many drops of water they can put onto the face of a penny without the water spilling off the penny. Usually people guess a low number and are surprised when they find out that they were able to put many more drops on the penny than they thought. *Lesson: Realizing human potential*

**Maze** Teams are challenged to find an invisible path through a series of squares on a grid and then to have their entire team cross the maze in the allotted amount of time. It is rare that a team will accomplish this task on the first attempt. A short intervention/debrief is held following the first attempt that will allow the teams to look at specific behaviors that need to be changed in order to be successful on the second attempt. *Lesson: Embracing change, thinking differently, taking risks*

**Helium Stick** Small teams will hold a 10' tent pole waist height using only their forefingers. Then, they'll attempt to lower it to the ground as a team without anyone letting go at anytime. This activity is more challenging than it sounds. *Lesson: Integrity, leadership and clear concise communication*

**Zoom** This initiative is slightly obtuse in that the team is required to figure out what the challenge is and then execute it within certain rules and parameters. Each person is given a card or tile with a picture on it. Team members can look at their own card and describe it but cannot show it to anyone else on the team. The group needs to assemble in the order that becomes evident to its members through their communication process. *Lesson: Communication that leads to collaboration, integrity, embracing diversity*

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**Knex** Team members will rotate through a variety of roles during the exercise, each with specific parameters about how they are able to communicate with each other. The goal is to reconstruct a complicated model using all the parts the team has been given.

*Lesson: Communicating effectively, identifying strengths and weaknesses, empathy*

**Cycle Time** This activity is divided into two parts. In part one, teams are provided with the parts of a challenging, life-size wooden puzzle to put together. Once the puzzle has been completed, they must develop a process in which they will be able to build the entire puzzle in less than a minute. *Lesson: Innovative, out of the box thinking, strategic thinking and planning, communicating effectively and supporting one another and the process*

**Steps to Change** Teams are required to travel from point "A" to point "B" using only specific resources to step on to make their crossing. Throughout the process, resources continue to change, leaving the teams confident that they have developed a process that continues to work even when factors around them change. *Lesson: Embracing change, change management*

**Build It** Each team is given very specific directions and the materials necessary to construct a large cube. The team's task is to construct the cube as quickly as possible without time to plan. During the second round, the team is given time to plan and organize to accomplish the same task. *Lesson: Planning, supporting team members, proactive problem solving, trust*

### How much does it cost?

Three things factor into the cost of a Meeting Busters program: (1) program length, (2) number of participants and (3) location. The basic \$750 package covers:

- 60-90 minutes of programming
- 25 participants
- 20-mile radius from our Richmond, Virginia headquarters in Zone 1.

(Driving time and mileage included at no additional charge.)

### What if I want to add to the program length or number of participants?

- Add \$200 to add 30 additional minutes for a 2-hour program
- Add \$150 for each additional increment of 25 participants

### What if my location is beyond Zone 1?

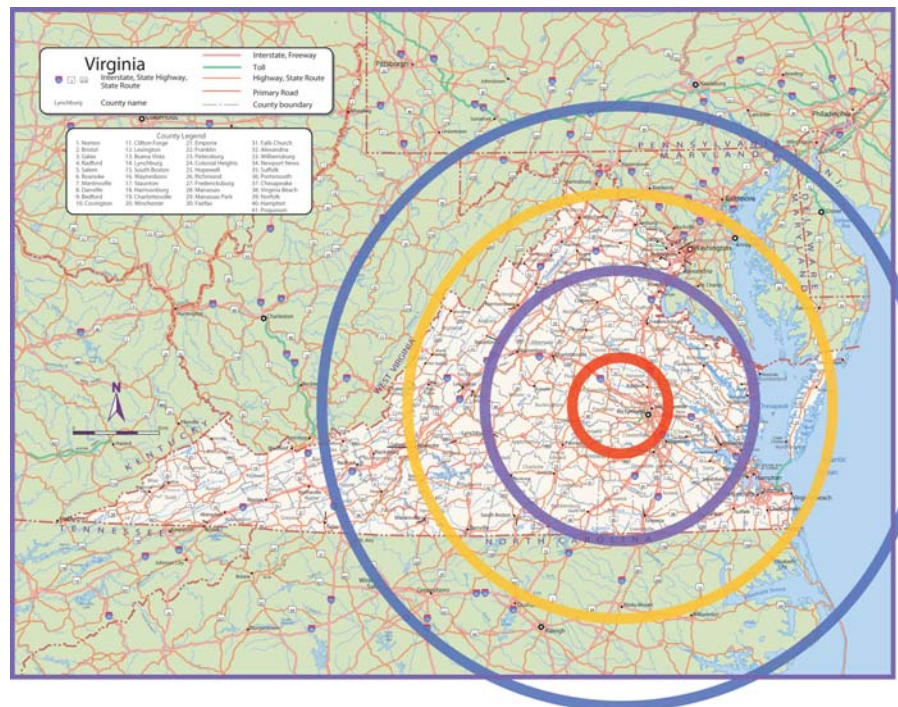
Your location may add to the basic package cost. See Zone Chart to determine your charge.

- Zone 1 – \$750
- Zone 2 – \$900
- Zone 3 – \$1,050
- Zone 4 – \$1,250

Outside Zone 4 – Please call for an estimate.

#### PRICING EXAMPLE:

Zone 2	\$900
75 people	\$300
30 additional minutes	\$200
<b>Total</b>	<b>\$1,400</b>



**For more information or to schedule a Meeting Busters program, visit [www.signatureteambuilding.com](http://www.signatureteambuilding.com) or call Greg Huber today! (804) 651-8888**